



Amt Per Svg % DV'



## **BLUFROG**

Nutrition, Benefits & FAQs

## **PRODUCT FACTS:**

## **Supplement Facts**

Serving	Size:	1 Can	(12 fl	oz)
Calories				

Calories	90	
Total Carbohydrate	21 g	8%
Dietary Fiber	less than 1 g	2%
Total Sugars	19 g	i †
Includes 12g Added Sugars		24%
Thiamin (as thiamine hydrochloride)	1.5 n	ng 130%
Riboflavin (as riboflavin U.S.P.)	1.7 n	ng 130%
Niacin (as niacinamide)	20 n	ng 130%
Vitamin B6 (as pyridoxine hydrochloride	) 6 n	ncg 350%
Folate	400 mcg D	FE 100%
(2	240 mcg folic ac	id)
Vitamin B12 (as cyanocobalamin)	18 n	ng 750%

Vitamin B12 (as cyanocobalamin)	18	mg	750%
Biotin (as d-Biotin)	300	mcg	1000%
Pantothenic Acid (as calcium d-pantothenate)	10	mg	200%
Choline (as choline chloride)	10	mg	2%
Potassium	100	mg	2%

### Proprietary BLU FROG® Advanced Energy Blend

Taurine	1000	mg	†
Acetyl-L-Carnitine HCl	500	mg	†
Guarana Seed Extract	365	mg	†
Quercetin	200	mg	†
L-Theanine	160	mg	t
Inositol	50	mg	†
Proprietary LIMII Seaweed Blend™	50	n	+

Certified organic, pure reconstituted limu extract of the whole *Fucus vesiculosus* and *Undaria pinnatifida* seaweeds.

\* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other Ingredients: ultra-purified reverse osmosis carbonated water, proprietary all-natural flavor blend (mango puree, natural fructose, natural flavors, apple juice concentrate, pear juice concentrate, stevia), malic acid, potassium sorbate, xanthan gum.













# SPRING INTO ACTION.

Forget about the store-bought brands. BLU FROG® gets you hopped-up on **naturally healthy, longer-lasting and heightened energy without the crash!** Loaded with tropical fruits and 80mg of natural caffeine from guarana seeds, plus our proprietary **certified organic, non-GMO LIMU Seaweed Blend™**, it's ultra-premium liquid nutrition that gives you springs.

Power-packed with amino acids, antioxidants, minerals and B vitamins, but with no artificial colors, flavors or sweeteners, our LIMU Energy® line is the only one on the market that's **infused with functional ingredients**, **including Fucoidan**, a **proven supernutrient backed by science**.













## THE BENEFITS.

Our exclusive BLU FROG® Advanced Energy Blend is now enriched with **powerful cognitive-enhancing nootropic supplements that keep you razor sharp and laser focused** while boosting your mental clarity, creativity and drive. Compare it to convenience store energy drinks and you'll not only see, but feel the difference. No jitters, no fake stuff, no downside. Just gentle, smooth, natural sweetness and clean ingredients.

## FITNESS FOR YOUR BRAIN™

**NO** artificial sweeteners

**NO** artificial flavors

**NO** artificial colors

**NO** high-fructose corn syrup

**NO** gluten

# FREQUENTLY **ASKED QUESTIONS.**

#### What are BLU FROG® AND BLU FROG 2®?

BLU FROG® and BLU FROG 2® are wildly healthy, LIMU-based energy drinks that help improve performance, endurance and concentration. Each can contains our exclusive BLU FROG® Advanced Energy Blend that's made with cutting-edge functional ingredients, including powerful nootropic supplements like L-Theanine and Acetyl-L-carnitine, which are known to provide longer-lasting, clean energy and cognitive clarity. They also include our proprietary Fucoidan-infused, certified organic, non-GMO LIMU Seaweed Blend™.

## What is the difference between BLU FROG® and BLU FROG 2®?

BLU FROG 2® is a heightened version of BLU FROG® but with twice the natural caffeine, plus less natural sugar and fewer carbs and calories.

## How much caffeine is in BLU FROG® and BLU FROG 2®?

BLU FROG® contains 80mg of natural caffeine from guarana seeds. BLU FROG 2® contains 160mg of natural caffeine from both guarana seeds and coffee beans for an even stronger boost of energy.

### What do BLU FROG® and BLU FROG 2® cost?

Comparable in cost to other energy drinks and functional beverages, BLU FROG® and BLU FROG 2® both sell for \$90 per case of 24 cans.

## How big is each can of BLU FROG® and BLU FROG 2®?

Each can of BLU FROG® and BLU FROG 2® contains 12 fl. oz. of ultra-premium liquid nutrition.





## **FREQUENTLY**

## **ASKED QUESTIONS.**

## Is it safe for anyone to drink BLU FROG® or BLU FROG 2®?

Though each are made from all-natural ingredients, we do not recommend drinking BLU FROG® or BLU FROG 2® to women who are pregnant, children under the age of 12 and adults who are generally sensitive to caffeine.

## What does Acetyl-L-carnitine do?

Thought to aid heart and brain function, muscle movement and many other body processes, this ingredient helps the body produce energy.

## What are nootropics?

Pronounced noh-a-TROP-iks, they're known to enhance cognitive function, keeping you razor sharp and laser focused while boosting mental clarity, creativity and drive in healthy individuals.

#### What does Taurine do?

Taurine is an antioxidant that offers numerous benefits, such as helping alleviate muscle fatigue and increasing exercise capacity.

### What does Quercetin do?

Quercetin inhibits the breakdown of the adrenaline that your body creates naturally so you feel energized for a longer period of time without forcing your body to produce more adrenaline.

### How many cans are okay to drink in one day?

We recommend drinking no more than two cans in one day.

## Can I drink BLU FROG® and BLU FROG 2® with other LIMU products?

We encourage you to incorporate them into your daily regimen with other LIMU products. Try drinking a BLU FROG® or BLU FROG 2® before you work out, followed by a LIMU LEAN® Protein Shake after your workout to rebuild your lean muscle tissue and help with recovery. Drinking the recommended servings of LIMU ORIGINAL® is also highly beneficial to support your immune system on a daily basis.

## How long do the effects last?

Though everyone is different and it depends on the level of activity exerted after drinking either a BLU FROG® or BLU FROG 2®, the average length of energy felt is about four hours.

## What is the sediment in BLU FROG®?

Crystallization in BLU FROG® is sometimes the product of prolonged refrigeration, but it's still safe to drink. Just give it a gentle shake before you pop the top!